

MY WEEKLY MEAL PLAN

www.onehandedcooks.com.au

Mon

Recipe:

What I need:

Tue

Recipe:

What I need:

Wed

Recipe:

What I need:

Thu

Recipe:

What I need:

Fri

Recipe:

What I need:

Sat

Recipe:

What I need:

Sun

Recipe:

What I need:

Baking

Recipe:

What I need: